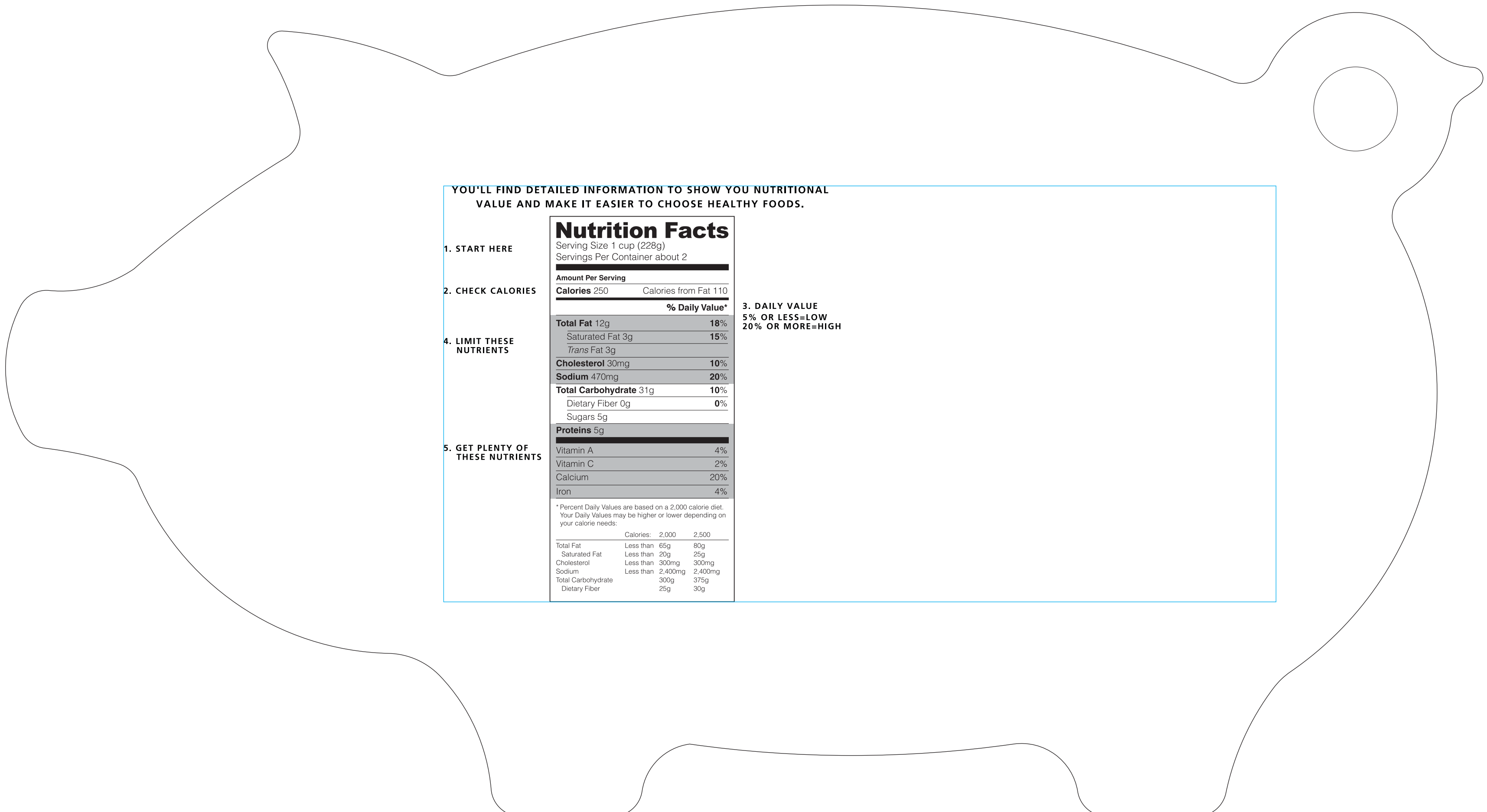


Product Information

Product Name: Flex-It Piggy Cutting Board

Item # 1389

Imprint Area: 5”H x 10”W



YOU'LL FIND DETAILED INFORMATION TO SHOW YOU NUTRITIONAL VALUE AND MAKE IT EASIER TO CHOOSE HEALTHY FOODS.

1. START HERE

2. CHECK CALORIES

4. LIMIT THESE NUTRIENTS

5. GET PLENTY OF THESE NUTRIENTS

Nutrition Facts

Serving Size 1 cup (228g)
Servings Per Container about 2

Amount Per Serving

Calories 250 Calories from Fat 110

% Daily Value*

Total Fat 12g **18%**

Saturated Fat 3g **15%**

Trans Fat 3g

Cholesterol 30mg **10%**

Sodium 470mg **20%**

Total Carbohydrate 31g **10%**

Dietary Fiber 0g **0%**

Sugars 5g

Proteins 5g

Vitamin A 4%

Vitamin C 2%

Calcium 20%

Iron 4%

3. DAILY VALUE
5% OR LESS=LOW
20% OR MORE=HIGH

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g